

Appleton Exploration Inc. Commences 2009 Drilling Program at Manalo Gold Project

April 28, 2009 - Vancouver, British Columbia. Appleton Exploration Inc. (AEX - TSX.V) has commenced its 2009 drilling program on the Manalo Gold Project in the Republic of Mali, Africa. Appleton is earning a 100% interest, subject to a 2% Net Smelter Return (NSR) Royalty, from Delta Exploration Inc. ("Delta") a wholly-owned subsidiary of Rockgate Capital Corp. (RGT - TSX.V).

Drilling will initially concentrate on the Dialafara Zone near hole MDL-08-036 where previous reverse circulation drilling by Delta intersected 15.64 grams per tonne (gpt) Au over the bottom 16 metres in a silicified meta-psammite, mineralized with 2-3% fine grained pyrite.

The road accessible Manalo project lies within the Archean Birimian Greenstone Belt of western Africa and consists of three exploration permits totalling 150 square kilometres. The main Manalo permit totalling 75 square kilometres has just been renewed and the other two permits Block 1 and Block 2 are awaiting confirmation of renewal by the government of Mali. The project lies 100 kilometres southwest of Bamako, the capital, in southwestern Mali.

Delta Exploration Inc. has been exploring the Manalo project since 2004. Property wide airborne geophysics, property wide soil geochemistry and follow up ground geophysics have been conducted, which resulted in the discovery of six gold mineralized areas: Dialafara, Dialafara Nord, Manalo Nord E, Manalo Sud E, Mansaya and Siribada. A total of 15,115 metres of aircore and reverse circulation drilling (156 holes) and 363 metres of diamond drilling (3 holes) has been completed on the property to date.

Dialafara Zone where the current drilling will be focused is a 3 kilometre, northwest trending zone consisting of two, steeply dipping quartz vein zones based on 40 drill holes totalling 4,469 metres. The southernmost section has been drill tested along a length of 1,300 metres and to depth of approximately 85 metres. The northernmost zone is offset approximately 500 metres to the east and has been drill tested along a length of 520 metres to depth of 110 metres. Drill intersections to 29.1 gpt Au over 6 metres have been recorded from the vein zones. Of particular interest is hole MDL-08-036 which intersected 15.64 gpt Au over the bottom 16 metres of the hole.

Other Targets on the Permits

A strong and persistent, northwesterly striking quartz vein system has been traced by quartz vein rubble on surface for approximately 2 kilometres at **Dialafara Nord**. A total of 974.3 metres were drilled in a series of 8 holes. Drill intersections to 18.65 gpt Au over 1 metre have been recorded from this zone.

Manalo Nord Est consists of a northwesterly striking steep westerly dipping quartz vein zone that has been traced for a length of 500 metres before it trends off the Manalo property to the north. A total of 4,614 metres in 57 holes has tested the zone. Drill intersection highlights include: 18.48 gpt Au over 11 metres in MMN-06-029 and 12.06 gpt Au over 6 metres in MMN-07-012.

The northwesterly striking **Manalo Sud Est** quartz vein system has been traced 600 metres. Eleven holes totaling 1,057 metres were completed. The best intersection was 0.73 gpt Au over 5 metres from MSE-08-005.

The **Mansaya** area consists of two gold-in-soil anomalous areas. A total of 905 metres in 9 holes were completed in the north zone. A meta-psammite horizon shows consistent quartz sericite alteration and 1-2% pyrite. Holes MMS-08-007 through MMS-08-012 intersected this horizon with the best intersection of 0.80 gpt Au over 20 metres in MMS-08-008, suggesting a possible bulk tonnage target. Eight holes totaling 774 metres were completed in the southern area, which is more a vein zone. MMS-08-018 returned 10.71 gpt Au over 3 metres. Much of the anomaly has not yet been tested by drilling.

The **Sirabada** zone consists of an area of extensive artisanal mine workings associated with intense clay alteration. Quartz veins and a pervasively sericitized psammitic unit were intersected. A total of 2,335 metres were drilled in 21 holes to test gold-in-soil and IP chargeability anomalies. The best intersection was 2.61 gpt Au over 2 metres in MSB-08-013. Much of the anomaly has not yet been tested by drilling.

A recently completed technical report on the Manalo Gold Project can be found under Appleton's profile on SEDAR.

About Mali

Mali is the fastest growing gold producing country in Africa. In 2007 Mali produced 2,000,000 ounces of gold and is Africa's second-largest gold producing country after South Africa. AngloGold Ashanti Limited, one of the largest gold mining companies in the world, has interests in three operating mines in Mali: Sadiola, Yatela and Morila.

Mr. Lorne Warner, P. Geo, Director and VP Exploration, is the Qualified Person for the Company under NI 43-101.

For further information contact Karl Kottmeier, President of Rockgate Capital Corp., at (604) 678 8941 or visit www.rockgatecapital.com.

ON BEHALF OF THE BOARD OF DIRECTORS OF ROCKGATE CAPITAL CORP.

Karl Kottmeier
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